



NAPPY CHANGING POLICY

Long Bennington Pre-School
Registered Charity: 1157300

Safeguarding and Welfare Requirement: Health

3.60. Providers must ensure there are suitable hygienic changing facilities for changing any children who are in nappies.

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

During the COVID-19 outbreak we follow the Government guidance and our normal working practice when changing nappies ; all staff to wear disposable aprons and gloves for each child, cleaning down the area with anti-bacterial cleaner and disposable paper towels, disposing of the waste in a plastic bag that is tied and disposed of in the bin. The staff member then washes their hands thoroughly before proceeding with further nappy changes or work.

We use hand sanitisers and anti-bacterial soap regularly. Hand sanitisers are used when access to the sink area is difficult or when entering and leaving the setting.

Procedures

- Our staff have a list of children in our care who are in nappies or 'pull-ups'; and change nappies in the morning and in the afternoon sessions, or more frequently where necessary.
- Young children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.
- We use each child's bag, brought in from home, with their nappies or pull ups and changing wipes.
- Our staff put on gloves and aprons before changing starts and the area is prepared. The changing mat is anti-bacterially cleaned and dried before every change using disposable towels. Gloves are not always required for a wet nappy where there is no risk of infection, however, gloves are always available for those staff who choose to wear them. Gloves are always worn for a 'soiled' nappy.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies.
- Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat.

- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote communication and independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands, and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- We dispose of nappies and pull ups hygienically and the nappy or pull up is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are bagged for parents to take home.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.